



Itten Dojo Class Schedule — June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	 <p>Mechanicsburg Jubilee Day is Thursday, June 20th!</p> <p>No, the queen isn't visiting, but we will have to deal with the largest one-day street fair in the eastern half of the country. Recommend you reach the dojo from the northwest or southwest, since downtown streets will be closed.</p> 					1
2	3 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	4 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	5 <i>Scott F. B-day</i> Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	6 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	7 Open Mat (By Appointment Only) 6:00 – 7:30 pm	8 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
9	10 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	11 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm (Aikiken / Aikijo)	12 Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	13 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	14 Open Mat (By Appointment Only) 6:00 – 7:30 pm	15 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
16 <i>Father's Day</i>	17 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	18 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	19 <i>James K. B-day</i> Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	20 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	21 Open Mat (By Appointment Only) 6:00 – 7:30 pm	22 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
23 Pool Party / Cookout at the Ziegler's Start @ 1:00 pm Dinner @ 3:00 pm	24 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	25 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	26 Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	27 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	28 Open Mat (By Appointment Only) 6:00 – 7:30 pm	29 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm

Planning News and Notes:

- To schedule training during a Friday open mat session, please speak with Mr. Butz.
- June 6 – August 29 — Summer yoga classes with Bobbi Misiti, of BeFit Body/Mind. Tuesdays and Thursdays from 4:30 to 7:00 pm. Fees and registration details can be found at <https://befitbodymind.org/yoga/online-class-registration/>.
- June 12 – TBD — Summer wellness workshops (various Wednesdays) with Bobbi Misiti, of BeFit Body/Mind. Fees and details can be found at the website listed above.