

Itten Dojo Class Schedule — March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	3 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	4 Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	5 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	6 Open Mat (By Appointment Only) 6:00 – 7:30 pm	7 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
8 <i>Daylight Saving Time Begins — Turn Clocks Ahead One-hour!</i>	9 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	10 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm (Aikiken / Aikijo)	11 <i>Bethany C. B-day</i> Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	12 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	13 Open Mat (By Appointment Only) 6:00 – 7:30 pm	14 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
15	16 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	17 <i>St. Patrick's Day</i> Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	18 Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	19 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	20 Open Mat (By Appointment Only) 6:00 – 7:30 pm	21 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
22 <i>Gary B. B-day</i>	23 <i>Alexander H. B-day</i> Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	24 <i>Sarah St. A. B-day</i> Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	25 Ono-ha Itto-ryu Kenjutsu 6:30 – 8:00 pm Yamate-ryu Aikijutsu (Beginners' Focus) 7:30 – 8:30 pm	26 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm	27 Open Mat (By Appointment Only) 6:00 – 7:30 pm	28 Ono-ha Itto-ryu Kenjutsu 8:30 – 10:00 am Yamate-ryu Aikijutsu 10:00 – 11:00 am Itto Tenshin-ryu Kenjutsu 11:00 am – 12:30 pm
29	30 Open Mat 6:00 – 6:30 pm Itto Tenshin-ryu Kenjutsu 6:30 – 8:00 pm	31 Open Mat 6:00 – 7:00 pm Yamate-ryu Aikijutsu 7:00 – 8:30 pm				

Planning News and Notes:

- To schedule training during a Friday open mat session, please speak with Mr. Butz.
- April 8 — Special classes with Musicar Sensei. Seniors-only in the afternoon; combined class in the evening for the Itto Tenshin-ryu kenjutsukai and Yamate-ryu aikijutsukai, addressing proper body mechanics through the use of the sword.
- April 25/26 — Itten Dojo hosts the 2020 Taikai of the Yamate-ryu, with Maren Sensei. The focus for training this time will be “The Nikyu Seiteigata.” Registration information and links can be found at www.ittendojo.org/events/YR-Taikai-2020.htm.